



# Cooked IQF brwn/red/wild rice mix 6/2lb

## Mélange de riz brun, rouge & sauvage

PRODUCT OF USA

51751



FROZEN SAVORY

READY MEALS

GRAIN & BEAN READY MEAL

### Product Description

- This frozen mix of brown, red and wild rice will bring more texture and versatility in your meals.

### Pack and Case Specifications

Pack Net Weight

2lb

Packs per Case

6

Case Size (LxWxH)

13''x 9''x 7''

Case Cube

0.47ft3

Case Gross Weight

14lb

Cases per Pallet

140 (14/10)

### Ingredients

COOKED BROWN RICE (WATER, BROWN RICE), COOKED RED RICE (WATER, RED RICE), COOKED WILD RICE (WATER, WILD RICE). RICE BRAN OIL.

### Physical

Brown rice : 80%  
Red rice : 15%  
Wild rice : 5%

### Nutrition

#### Nutrition Facts

Serving Size 1 Cup (142g)  
Servings Per Container about 6

Amount Per Serving  
Calories 250 Calories from Fat 25

	% Daily Value*
<b>Total Fat</b> 3g	5%
Saturated Fat 0.5g	3%
<b>Cholesterol</b> 0mg	0%
<b>Sodium</b> 20mg	1%
<b>Total Carbohydrate</b> 52g	17%
Dietary Fiber 3g	12%
Sugars 0g	
<b>Protein</b> 5g	

Vitamin A 0% • Vitamin C 0%  
Calcium 2% • Iron 4%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:  
Calories: 2,000 2,500

Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

### Organoleptic

### Certificates and Claims

GMO free

### Storage and Shelf Life

Store in freezer below 0°F (-18°C). Keep frozen until ready to use. Do not thaw and refreeze. Shelf life: 24 months.

### UPC code



### Allergens

PRODUCED IN A FACILITY WHICH CONTAINS WHEAT, EGG, SOY, MILK TREE NUTS AND FISH PRODUCTS.

### Cooking Directions

**Stovetop**

For 1 cup of frozen grains, cook in a nonstick pan over medium heat stirring occasionally for 1-2 minutes or to desired temperature.

**Ready to use**

Thaw and use for salad applications.

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